



List 5 Reasons people give for not smoking.

1. _____
2. _____
3. _____
4. _____
5. _____



Answer the following Questions **True or False**

1. I can choose not to smoke ? _____
2. Only the lungs are affected by smoking cigarettes _____
3. Smoke from a cigarette only harm the person smoking it _____
4. Quitting smoking will not improve your health _____
5. Peer pressure is a reason many young people between 10 and 18 begin experimenting with smoking _____
6. Cigarette smoking can lead to heart disease _____
7. True or False over 7000 deaths in Ireland each year are caused by smoking _____
8. Smoking is harmful only if you smoke for more than a couple of years _____

Statistics from Irish Cancer Society www.cancer.ie